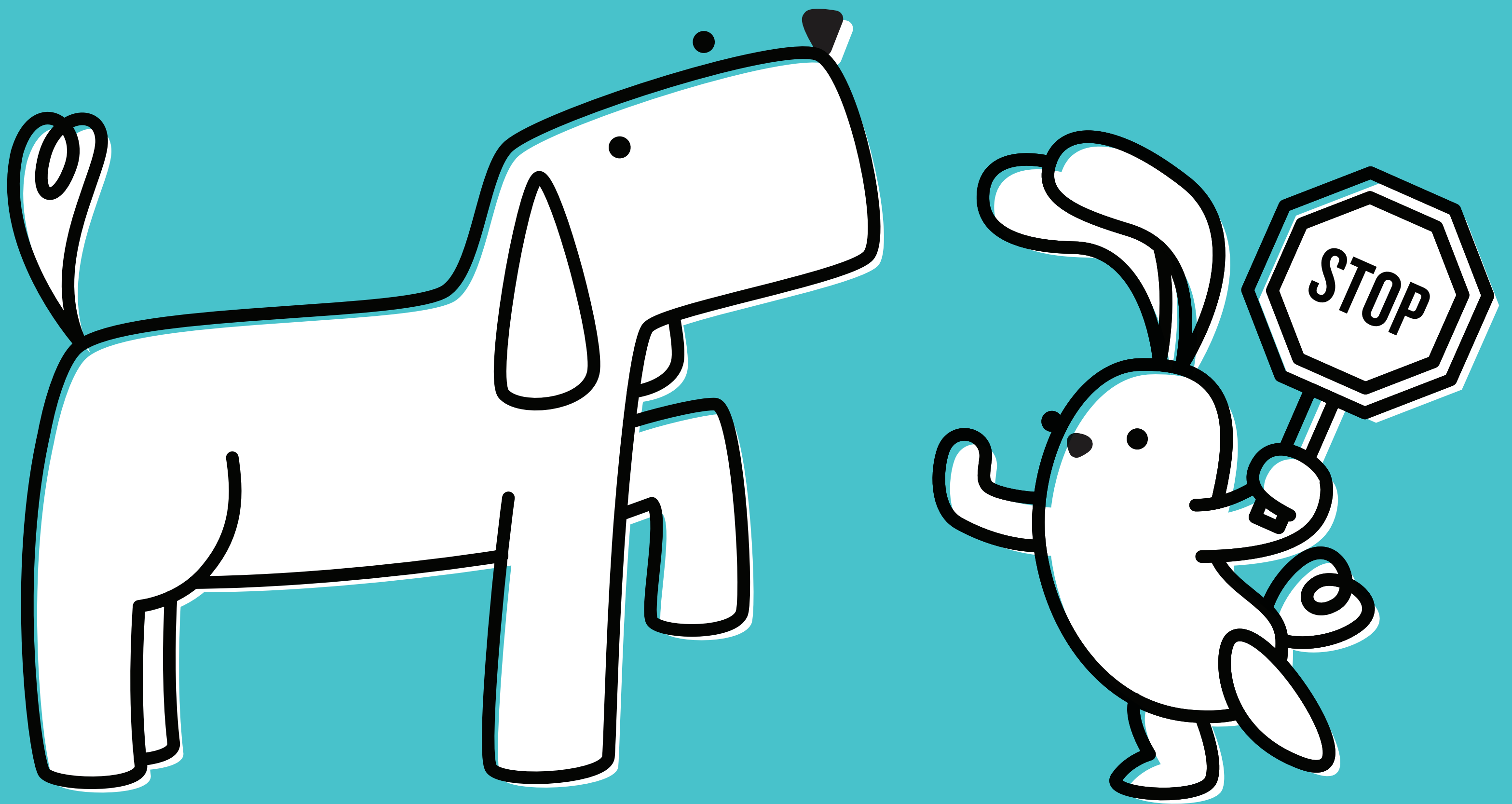


# ASSERTIVENESS

Standing up for yourself and what you believe in while being respectful of others.



RANDOM ACTS OF KINDNESS  
FOUNDATION

[www.randomactsofkindness.org](http://www.randomactsofkindness.org)