CULTIVATE A Culture of Kindness AT YOUR SCHOOL

The Random Acts of Kindness Foundation wants to help cultivate a culture of kindness at your school.

Introducing, The RAKstar Jar!

In a recent survey, 78% of employees said that being recognized motivates them in their job and we all know that teaching can often be a thankless career. The RAKstar Jar is a fun, easy and sustainable way to allow all of your staff members to recognize each other for all of the amazing things they do each day!

Your RAKstar Jar kit contains nomination forms (be sure to keep a master copy!), a poster for the Nomination Station and nomination forms that you collect in a jar (or other container). The jar and poster should be placed in the teacher’s lounge/work area so that teachers have ample opportunity to nominate co-workers.

There are a number of ways you can use this kit, but we suggest taking the nomination jar to every staff meeting and choosing 1 (or more) nominations from the jar to highlight a RAKstar Staff Member. As the administrator at your school, be sure to take time to read the nomination form and what the RAKstar was recognized for!

Now comes the fun part...compliments! Everyone loves compliments! Take five minutes to pay your RAKstar a sincere compliment for something you have observed them doing, or something that you admire about them. Allow other staff members to piggyback on those good thoughts! Be sure to emphasize that everyone should be ready to pay the “winner” a compliment.

To summarize, use this kit and follow these five simple (and fun) steps to help create a culture of kindness at your school:

1. Designate an area for your RAKstar Nomination Station in your teacher’s lounge or work area.
2. Encourage your staff to nominate others for acts of kindness that they observe or receive.
3. At staff meetings, set aside time to choose one (or more) RAKstars from the jar of nominations.
4. Compliments! Start off with your compliment and then encourage others to share theirs as well.
5. Give the RAKstar an opportunity to say something positive about themselves if they want.

Thank you for your hard work and dedication to making your school a kind place to be!

If you have any questions or need additional support, contact Carrie Wrubel at carrie@randomactsofkindness.org or (720) 660-6784.

For more great tips on bringing kindness to your school, visit: www.randomactsofkindness.org

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NOMINATE A RAKSTAR!

have you received or witnessed a random act of KINDNESS from a fellow staff member? If so, nominate them as a RAKstar!

A fun project by The Random Acts of Kindness Foundation | www.randomactsofkindness.org